

PERSONAL INFORMATION

Lorenzo Mattioni



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Gender M | Date of birth 11/08/1992 | Nationality Italian

WORK EXPERIENCE

May 2024 – Present

Postdoctoral Researcher

“Alma Mater Studiorum” University of Bologna
Department of Psychology “Renzo Canestrari”
<https://psicologia.unibo.it/it>
Via Rasi e Spinelli, 176, 47521 Cesena

As a postdoctoral researcher at the Centre for Studies and Research in Cognitive Neuroscience, Department of Psychology, my work centers on computational models of learning and reward. My primary responsibilities include designing and conducting experiments, performing detailed data analyses, and contributing to the development of theoretical frameworks in this field. I collaborate with a multidisciplinary team of researchers to investigate the mechanisms underlying learning processes and reward systems. This role allows me to apply my expertise in computational cognitive science to explore and address fundamental questions about how we assign value to stimuli in our environment, enhancing our understanding of these critical processes.

Jan 2024 – Apr 2024

Psychotherapist in Training

“Associazione Gruppo Solidarietà” Onlus
<https://www.ceispe.it/>
Viale Vittoria Colonna, 8, 65127 Pescara

During my tenure as a Psychotherapist in Training at Associazione Gruppo Solidarietà Onlus, a community dedicated to supporting individuals struggling with addiction, I actively engaged in the therapeutic process under the guidance of experienced professionals. My responsibilities included participating in therapeutic sessions, observing various evidence-based therapeutic approaches tailored to addiction recovery, and contributing to the assessment and treatment planning for individuals seeking support in overcoming addictive behaviors.

Oct 2023 – Apr 2024

Subject Matter Expert

“G. d’Annunzio” University of Chieti
Department of Neuroscience, Imaging and Clinical Sciences
<https://www.dnisc.unich.it/home-dnisc-4187>
Via dei Vestini, 31, 66100 Chieti

I held the position of Subject Expert at “G. d’Annunzio” University for the following courses:

SFI008 - FUNDAMENTALS OF COGNITIVE SCIENCES
Course: Philosophical Sciences | Year: 2023-2024

CH0014 - METHODS AND TOOLS FOR COGNITIVE NEUROSCIENCE
Course: Computational Cognitive Science | Year: 2023-2024

27001 - BIOLOGICAL PSYCHOLOGY I
Course: Psychological Sciences | Year: 2023-2024
[Higher Education](#)

Mar 2023 – Apr 2024

Research Fellow

“G. d’Annunzio” University of Chieti
Department of Neuroscience, Imaging and Clinical Sciences
<https://www.dnisc.unich.it/home-dnisc-4187>
Via dei Vestini, 31, 66100 Chieti

In my previous role as a Research Fellow at the Department of Neurosciences, Imaging, and Clinical Sciences at the Università degli Studi “G. d’Annunzio” in Chieti, I was actively involved in conducting innovative research projects in the field of cognitive and clinical psychology regarding the conceptualization of perseverative thinking. As a full-time member of the team, I collaborated closely with fellow researchers, supervised data collection and analysis, presented results at international conferences, and published findings in reputable scientific journals. This position allowed me to further deepen my expertise, contribute to advancements in the field, and mentor aspiring researchers.

I was also involved in a Prevention project called Pr.I.M.E. (Prevenire con Insight, Motivazione, Emozione), which was financed by the Italian Presidency of the Council of Ministers - Department for Anti-Drug Policies. This project aimed to prevent substance abuse by integrating insights from cognitive psychology, motivation theory, and emotion regulation strategies. As part of this project, I contributed to the development and implementation of research protocols, data collection and analysis, and collaborated with a multidisciplinary team of experts. This opportunity allowed me to contribute to evidence-based prevention strategies and gain valuable insights into the intersection of psychology and public health initiatives.

Public Health

Jun 2023 – Dec 2023

Psychotherapist in Training

“Percorsi ODV”
<https://www.percorsi.abruzzo.it/>
Strada delle Fornaci, 2, 65125 Pescara

As a Psychotherapist in training at “Percorsi ODV” in Pescara, I was actively engaged in developing my skills and knowledge in the field of psychotherapy. Under the guidance of experienced professionals, I participated in therapeutic sessions, observed various therapeutic approaches, and contributed to the assessment and treatment planning process. This training opportunity allowed me to deepen my understanding of psychotherapeutic techniques, enhance my communication and empathy abilities, and gain practical experience in supporting individuals on their journey towards mental well-being.

Apr 2019 – Sep 2019

Author

State of Mind: il giornale delle scienze psicologiche
<https://www.stateofmind.it/>

As an Author for State of Mind, I had the freedom to explore and communicate psychological concepts to a broader audience. Through freelance work, I wrote articles on various topics related to psychology, translating complex research into accessible language. This experience enhanced my ability to effectively convey scientific knowledge to diverse readerships while maintaining a high level of accuracy and clarity.

Scientific Dissemination

Mar 2019 – Sep 2019

Trainee

Studi Cognitivi S.P.A.
<https://studicognitivi.it/>
Foro Buonaparte, 57, 20121 Milan

During my Traineeship at Studi Cognitivi in Milan, a prominent psychotherapy center specializing in Cognitive Behavioral Therapy (CBT), I had the opportunity to gain experience in the application of evidence-based therapeutic techniques. In addition to my involvement in psychotherapy sessions, where I observed and assisted experienced clinicians, I also participated in the evaluation and refinement of psychological assessment tools used in the practice. By actively engaging in these activities, I expanded my understanding of the theoretical foundations of CBT and honed my skills in conceptualizing assessments and analyzing results. This multifaceted experience at Studi Cognitivi enriched my knowledge of psychotherapy practices and their integration with psychological research.

Psychotherapy

Sep 2018 – Mar 2019

Trainee

University School for Advanced Studies IUSS Pavia
IUSS-Maugeri Cognitive Neuroscience Laboratory
<http://www.iusspavia.it/laboratorio-di-neuroscienze-cognitive>
Via Salvatore Maugeri, 10, 27100 Pavia

As a Trainee in the Laboratorio di Neuroscienze Cognitive IUSS-Maugeri at Scuola Universitaria Superiore Pavia, I engaged in cutting-edge research focused on social neuroscience and decision-making. Working under the guidance of experienced researchers, I actively contributed to ongoing projects. This apprenticeship provided me with a solid foundation in research methodologies and strengthened my understanding of cognitive processes and their neural underpinnings
[Research and Neuroscience](#)

Oct 2017 – May 2018

Intern Student

IRCCS Galeazzi Orthopedic Institute
Tourette's Syndrome and Movement Disorders Center
<http://www.centrotourette.it/>
Via Riccardo Galeazzi, 4, 20161 Milan

During my Internship at the Centro Tourette e Sindromi Correlate at Istituto Ortopedico Galeazzi in Milan, I had the opportunity to work closely with individuals with Tourette syndrome and related disorders. As an Intern Student, I participated in research projects aiming to deepen our understanding of these conditions and conducted assessments. Additionally, I gained insights into the implementation of evidence-based interventions such as deep brain stimulation and had the privilege of collaborating with a team of dedicated professionals in this specialized field.

[Health and Psychiatry](#)

Apr 2015 – Jul 2015

Intern Student

Niguarda Hospital
Gender Identity Disorder Unit
<https://www.ospedaleniguarda.it/patologie/info/disturbi-dellidentita-di-genere>
Piazza dell'Ospedale Maggiore, 3, 20162 Milan

As an Intern Student at Ospedale Niguarda's Ambulatorio per l'identità di genere in Milan, I gained valuable experience working in a multidisciplinary team dedicated to providing support and care for individuals exploring their gender identity. I participated in various aspects of the assessment and intervention process, including assisting in therapeutic sessions and conducting statistical analysis to assess the changes in sexual satisfaction pre- and post-sexual reassignment surgery.

[Health and Psychiatry](#)

EDUCATION AND TRAINING

Nov 2022 - Present

Postgraduate Degree in Cognitive Behavioural Psychotherapy

EQF: Level 7

Studi Cognitivi S.P.A.
<https://studicognitivi.it/>
Via dell'Olmo, 1, 63074 San Benedetto del Tronto

Nov 2019 - Feb 2023

PhD in Neuroscience and Imaging

EQF: Level 8

"G. d'Annunzio" University of Chieti
Department of Neuroscience, Imaging and Clinical Sciences
<https://www.dnisc.unich.it/home-dnisc-4187>
Via dei Vestini, 31, 66100 Chieti

Oct 2016 – Jul 2018

MSc in Clinical Psychology

EQF: Level 7

Sigmund Freud University
<https://milano-sfu.it/>
<https://www.sfu.ac.at/en/>
Ripa di Porta Ticinese, 77, 20143 Milan
Freudpl. 1, 1020 Wien, Austria

Oct 2012 – Mar 2016

BSc in Psychological Sciences and Techniques

EQF: Level 6

PERSONAL SKILLS

Mother tongue(s) Italian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C2	B2	B2	C1

Communication skills ▪ Good communication skills gained through my experience in being part of multidisciplinary and multicultural teams during my education

Digital skills

Good command of Office suite (e.g. word processor, spreadsheet, presentation software)
Good command of image editing software (e.g. Adobe Photoshop)
Good command of statistical analysis software (e.g. R, MATLAB, SPSS, JASP, UCINET)

Driving license

B

ADDITIONAL INFORMATION

Certifications

Attestation of Competence in Psychedelic-Assisted Treatment
Training course of 16 hours
Apr 5, 2022, Liquid Plan

Registered psychologist with number 3583
mar 26, 2021, Ordine Psicologi Abruzzo

Attestation of Competence in Relaxation Techniques and Stress Management
Master program of 85 hours
Dec 17, 2017, APL Psicologi della Lombardia

Attestation of Autogenic Training Clinical Operator
Master program of 21 hours
Dec 16, 2017, APL Psicologi della Lombardia

Publications

Mattioni, L., Sestieri, C., Perrucci, M. G., Spada, M. M., & Ferri, F. (2024). The role of interoceptive awareness in shaping the relationship between desire thinking and cigarette consumption. *International Journal of Psychophysiology*.
<https://doi.org/10.1016/j.ijpsycho.2024.112369>

Mattioni, L., Spada, M. M., Ferri, F., & Sestieri, C. (2023). The relationship between perseverative thinking, proactive control, and inhibition in psychological distress: a study in a women's cohort. *Scientific Reports*. <https://doi.org/10.1038/s41598-023-46713-9>

Mattioni, L., Ferri, F., Nikčević, A. V., Spada, M. M., & Sestieri, C. (2023). Twisted memories: Addiction-related engrams are strengthened by desire thinking. *Addictive Behaviors*.
<https://doi.org/10.1016/j.addbeh.2023.107782>

Arioli, M., Basso, G., Baud-Bovy, G., Mattioni, L., Poggi, P., Canessa, N. (2023) Neural bases of loss aversion when choosing for oneself versus known or unknown others, *Cerebral Cortex*.
<https://doi.org/10.1093/cercor/bhad025>

Mattioni, L., Spada, M. M., Ferri, F., Sestieri, C. (2022) The influence of desire thinking on memory reconsolidation. *Poster presented at ADDICTION2022*. Cagliari, Italy

Mattioni, L., Ferri, F., Sestieri, C. (2021) Proactive control in internet addiction and problematic social media use. *Poster presented at ESCAN2021*. Budapest, Hungary

Mattioni, L. (2019) La percezione del dolore. In F. Rovetto, *Eziologia dei Disturbi Psicici*

Crespi, C., Mattioni, L., Laureiro-Martinez, D., Dodich, A., Cappa, S. F., Brusoni, S., Zollo, M., Falini, A., Canessa, N. (2019) Fusion of neurostructural features reflecting training-induced changes in innovative decision-making. *Poster presented at the annual meeting of the OHBM*. Rome, Italy

My publications in the psychology journal State of Mind are available at
<https://www.stateofmind.it/author/lorenzomattioni/>

19/06/2024