



Mattia Andreola

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WORK EXPERIENCE

Tutoring and teaching activities

University of Trento [12/09/2022 – 10/12/2022]

City: Trento

Country: Italy

Tutoring activities as part of the teaching of "Institutions of Sociology" (Bachelor of Sociology). Specifically, I was responsible for leading 24 hours of course lectures, where I explained some of the fundamental concepts of the discipline and where I helped the students to get familiar with the scientific literature.

Occasionally, I have lectured at the University of Trento's Centro Agricoltura Alimenti Ambiente (Agriculture, Food and Environment Centre) for the Consumer Practices and Society class in the Enology degree programme.

On 17 November 2022, I led a guest lecture on 'Research Methodologies in the field of Food Studies' at the University of Bologna for the Communication Sciences Bachelor's degree programme.

Visiting PhD Candidate

SIFO, OsloMet [17/03/2023 – Current]

City: Oslo

Country: Norway

Visiting PhD at Consumption Research Norway (SIFO) in OsloMet. I am mainly involved in case study analysis of alternative food supply chain models within the framework of the European project FOODIVERSE and quantitative analysis of the findings of a European survey on consumer behaviour and attitudes from 7 European countries.

PhD Candidate

University of Trento [31/10/2021 – Current]

City: Trento

I am a PhD student in the Food and Environmental Sciences course at the Centre for Agriculture, Food and Environment. My research interests focus on the investigation of production, distribution and consumption models alternative to those of large retailers, their contribution to the diversification of food systems and their potential role in increasing the sustainability of the supply chain.

Research Fellow

Università di Trento [01/07/2020 – 30/06/2021]

City: Trento

Country: Italy

Member of the European project SATURN Climate-KIC. In this context, I supervise the institutional project "Nutrire Trento", a participatory process aimed at finding innovative ways to "feed the city of Trento in a better way". My research objectives deal with the involvement of local stakeholders and the coordination of experimental short supply chain initiatives.

Project Coordinator

Università di Trento [01/04/2020 – 15/03/2023]

City: Trento

Country: Italy

I coordinated the short supply chain project "Nutrire Trento #Fase2". My role was to constantly support the participants (15 producers and 68 consumers), create questionnaires and analyse the results. Once the initiative was completed, I coordinated the "NaturalMente in Trentino" short supply chain project, a Community Supported Agriculture. My responsibilities included providing ongoing support to participants (13 producers and 33 consumers), developing new strategies for trade products, approaching potential new members, monitoring sales flows, creating questionnaires and analysing results. These initiatives were financed by the HELPFOOD project (EIT Food) and by the FOODIVERSE project.

EDUCATION AND TRAINING

Essex Summer School

University of Essex [24/07/2022 – 05/08/2022]

City: Colchester

Country: United Kingdom

Website: <https://essexsummerschool.com/>

Master's Degree in Sociology and Social Research

Università di Trento [01/10/2017 – 11/03/2020]

Address: Via Giuseppe Verdi, 26, 38122 Trento (Italy)

Final grade: 110/110

Thesis: Food Activism and Urban Food Policies. Insights from the Nutrire Trento Experience

Bachelor's Degree in Sociology and Social Research

Università di Trento [01/10/2014 – 23/09/2017]

Address: Via Giuseppe Verdi, 26, 38122 Trento (Italy)

Final grade: 109/110

Thesis: Intimate partner violence

LUISS Summer School

LUISS Guido Carli [07/2013 – 07/2013]

Address: Viale Romania, 32, 00197 Roma (Italy)

LANGUAGE SKILLS

Mother tongue(s): **Italian**

Other language(s):

English

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

DIGITAL SKILLS

SPSS, IBM / R, R Studio / Software STATA / Python (Base) / Atlas.Ti / Nettskjema / Microsoft Office / Microsoft Excel / designing questionnaire-based quantitative surveys (LimeSurvey) / Content Analysis / NVivo software

PUBLICATIONS

[Andreola, M.; Pianegonda, A.; Forno, F.; Favargiotti, S.; "Urban Food Strategy in the Making: Context, Conventions and Contestations" in AGRICULTURE, v. 2021, n. 11\(2\) \(2021\), p. 1-25. - DOI: 10.3390/agriculture11020177](#)

[2021]

Forno, F.; Andreola, M.; "Il progetto Nutrire Trento: evoluzione e aggiornamento dell'esperienza" in Rivista della Rete Italiana Politiche Locali del Cibo

[2023]

Submitted for "Rivista della Rete Italiana Politiche Locali del Cibo"

Nikologianni, A.; Betta, A.; Andreola, M.; Gretter, A.; "Urban farming; ecosystems and climate change mitigation in urban environments. The case of SATURN Pan European programme" in Athens Journal of Sciences - Volume 9, Issue 1, March 2022 – Pages 9-24

[2022]

<https://www.open-access.bcu.ac.uk/13329/1/2022-9-1-1-Nikologianni.pdf>

Pianegonda, A.; Andreola, M.; Favargiotti, S.; Forno, F.; "Beyond urban-rural dichotomy: agroecology as a comprehensive strategy for local foodscapes" in CITIES, ISSN 0264-2751, Elsevier

Paper submitted for "Cities" journal - ISSN 0264-2751 - Elsevier; Issue: "Healthy and sustainable urban food systems: perspectives, challenges and opportunities for the post-COVID-19 era"

[Favargiotti, S.; Pianegonda, A.; Betta, A.; Andreola, M.; Forno, F.; Ciolli, M.; Gretter, A.; "Socio-ecological connectivity for productive, circular and resilient territories in Creative Food Cycles" - Book 1, Hannover: Leibniz Universität Hannover, 2020, p. 83-94. - ISBN: 9783946296331. - DOI: 10.15488/10074](#)

[2020]

Andreola, M.; Gretter, A.; Betta, A.; "Nuove relazioni per innovare tradizioni e territori", in "Montagne in movimento - Metodi e pratiche di ricerca nelle terre alte", Licosia

[2022]

Tognon, A.; Gretter, A.; Andreola, M.; Betta, A.; "Mountain Farming in the Making: Approaches to Alpine Rural Agro-food Challenges in Trentino", Journal of Alpine Research, Revue de géographie alpine

[2022]

<https://journals.openedition.org/rga/10544>

Andreola, M.; Forno, F.; "Nutrire Trento: progettare dentro la crisi per un futuro sostenibile". Università degli Studi di Trento, 2020.

[2020]

NETWORKS AND MEMBERSHIPS

Rete Politiche Locali del Cibo

[07/05/2021 – Current]

I am a member of the Italian Food Policy Network, a group of more than 450 academics, researchers, administrators and activists involved in the planning of sustainable territorial food systems for research or professional purposes.

CONFERENCES AND SEMINARS

AESOP Sustainable Food Planning Conference

[Almere, Netherlands, 18/10/2022 – 22/10/2022]

I presented the preliminary results of the paper "The hard work of reconnecting. Connecting practices and regimes to investigate opportunities and barriers for a sustainable transformation of the local food system" during the conference "Feeding the melting pot: agroecological urbanism for inclusive and sustainable food practices".

Montagne (im)possibili

[Borgo Valsugana, 30/04/2022 – 30/04/2022]

I gave a presentation at the conference Montagne (im)possibili entitled: "Nutrire Trento and the CSA 'Naturalmente in Trentino': networks and communities for territorial management. The conference was organised by IUAV University of Venice, the Politecnico di Milano, the Edmund Mach Foundation and the De Bellat Foundation

Geografia e Cibo - Giornata della Società di Studi Geografici

[Online, 10/06/2021 – 11/06/2021]

I gave a presentation at the conference "Geografia e Cibo - Giornata della Società di Studi Geografici" entitled: "Contextual Implications for Urban Food Strategies: the case study of Nutrire Trento".

Rural Commons Festival

[Vallagarina, 28/05/2021 – 28/05/2021]

I gave a presentation at the "Rural Commons Festival" entitled: "Food as a common good in a common space. Developing a Community Supported Agriculture between urban and rural contexts: the case study of Trento".

Pratiche di Consumo e Società

[C3A - Centro Agricoltura, Alimenti, Ambiente, 14/04/2021 – 14/04/2021]

I held a seminar entitled "Urban Food Strategy in the Making: Context, Convention" in the course "Pratiche di Consumo e Società", part of the Bachelor's Degree in Viticulture and Oenology at the Centre for Agriculture, Food and the Environment in Trento.

Progettare dentro la crisi per un futuro sostenibile

[Comune di Trento, 25/09/2020 – 25/09/2020]

I presented the survey "Nutrire Trento: designing through the crisis for a sustainable future" during the event co-organised by the Municipality and the University of Trento as part of the activities of the Nutrire Trento project.

PROJECTS

FOODIVERSE

[16/11/2022 – Current]

European project involving researchers from five countries to engage consumers, producers, retailers and local authorities on how to strengthen the consumption of local and organic food.

Within this framework, I am mostly involved in conducting interviews, administering questionnaires and analysing results on the participants of the project's living labs.

Community Supported Agriculture "NaturalMente in Trentino" - HELPFOOD, EIT Food

[28/07/2020 – 15/03/2023]

I assisted in creating and developing of Community Supported Agriculture "NaturalMente in Trentino". In this project, I monitor the process and analyse the sales flows. The initiative is part of the HELPFOOD project financed by EIT Food, which aims to investigate the potential of innovative food distribution models to facilitate the transition to fairer, healthier and more environmentally friendly food systems.

Link: <https://www.fmach.it/CRI/progetti/attivi/HELPFOOD>

Nutrire Trento

[01/09/2018 – Current]

I support the initiatives of the Food Policy Council "Nutrire Trento", producing regular reports on the activities supported by the project. The project is promoted by the Municipality and the University of Trento.

SATURN - System and sustainable Approach to virTuous interaction of Urban and Rural LaNdsapes, EIT Food

[01/07/2020 – 30/06/2021]

I supervise the institutional project "Nutrire Trento", a participatory process aimed at finding innovative ways to "feed the city of Trento in a better way". My research objectives deal with the involvement of local stakeholders and the coordination of experimental short supply chain initiatives. Furthermore, I deal with the management and support of visioning and stakeholder engagement activities, the analysis of results and the production of related reports.

For example, I was one of the organisers and facilitators of the Arco 40-40-40 event, which involved the participation of 40 young people (under 40) to structure a vision of the desired region in 2040 and the subsequent master plan.

Link: <https://www.fmach.it/CRI/progetti/attivi/SATURN>

HONOURS AND AWARDS

Premio Maurizio Forti

Associazione Biodistretto di Trento [09/11/2022]

The award-winning research thesis investigates, from both a theoretical and empirical perspective, the dynamics that occur during the process of the establishment and spread of alternative food movements and food networks

Premio Negri 2021

SISEC - Società Italiana di Sociologia Economica [12/06/2021]

My paper "Urban Food Strategy in the Making: Context, Conventions and Contestations" was selected as one of the shortlisted contributions to the Negri Prize 2021 of the Italian Society of Economic Sociology (SISEC).